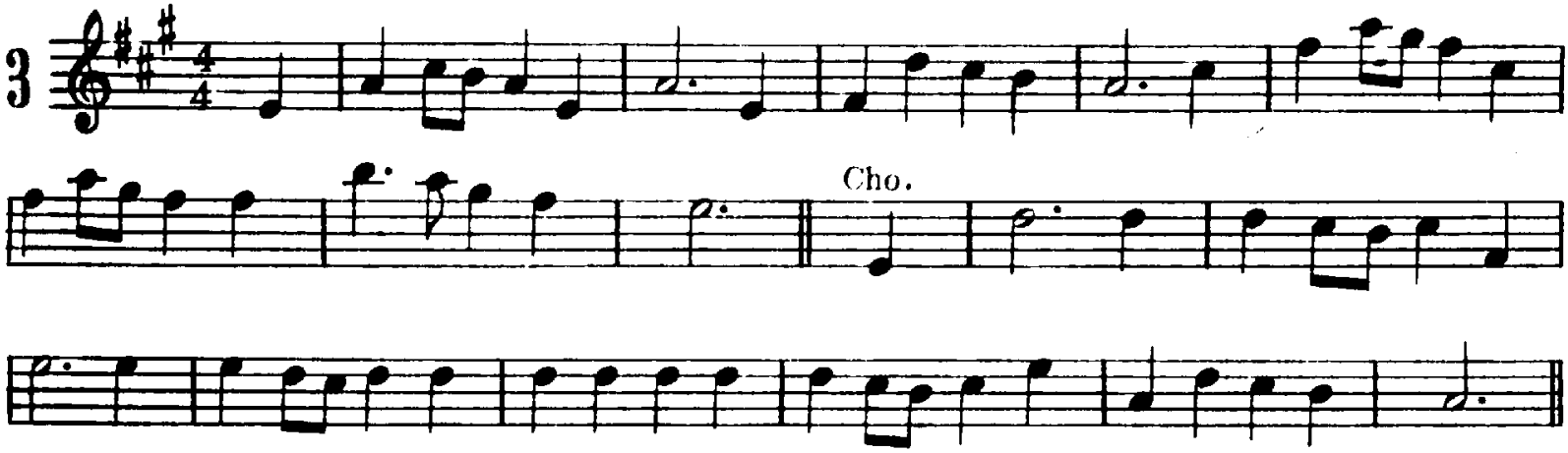# Stand Firm